

# Hunt Seat Team



**2016-2017**

**The Appalachian State Equestrian team rides at Foothills Equestrian Center located at:  
531 Starnes Lane  
Taylorsville, North Carolina 28681**

**Dana Dewey is the owner and head trainer at Foothills Equestrian Center.**

Dana has been an ARIA Advanced certified instructor for over 18 years. She has been a full-time professional horse trainer and riding instructor since 1977, after completing a year at Michigan State University in Pre-Veterinary study. She is the coach for our dressage team. You will see her often and will get to know her well. Be respectful of her facility, horses, and staff.

**Dana's contact information:**

foothillsequestrian@hotmail.com - (828) 381-0473

**The Hunt Seat is coached by Sarah Klassett.**

Sarah is an ARIA certified Intermediate riding instructor specializing in hunt seat. Sarah grew up a student at Foothills Equestrian Center and a member of the 4-H horse program winning recognition at district, state and national levels on horses she trained. She competed for 2 years on the UNC-G Equestrian Team where she competed at the Intercollegiate Horse Show Association finals. She continues to further her horsemanship skills with lessons and clinics as well as competing on her horse, Simon, or catch-riding for others.

**Sarah's contact information:**

sklassett@gmail.com - (828) 612-6993

**Your 2016-2017 Hunt Seat captain is Sophia Twarog**

**Sophia's contact information:**

twarogsr@appstate.edu - (413) 320-6845

# **Fall 2016 Show Schedule**

**September 24 – Averett University**

**October 1 – Virginia Tech**

**October 15 – Wake Forest**

**October 22-23 – High Point University**

**The horse show at Wake Forest is during App State's fall break. Please keep this in mind.**

**We expect everyone to be at High Point both days as we will most likely be bringing horses.**

**The show schedule for Spring 2017 will become available as universities plan shows.**

**2017 IHSA Nationals will be held May 4-7 in Lexington, Kentucky**

# **Team Rules and Policies**

## **Driving & Gas Compensation:**

- Drivers to lessons will be decided among those riders in the lesson
- When driving to Foothills Equestrian Center, each rider in the car will pay the driver \$5
- If payment is not received in adequate time, rider will be placed on probation
- Drivers to shows will be decided by the captain. The riders in the car will also be assigned by the captain.
- When driving to a horse show, the captain will calculate the appropriate amount of money to be given by each rider to the driver.

## **Team Termination:**

- If a rider decides to leave the team before the end of the semester, no refunds will be made.

## **Membership Requirements:**

- Must pay team dues of \$50 (per semester)
- Must pay IHSA fee of \$40 (per year)
- Must pay for a lesson package at Foothills Equestrian Center of approximately \$300 (per semester)
- Must volunteer at horse helpers once per month
- Must work any shows and events the team hosts

## **Competitive Member Requirements:**

- Must ride in a weekly lesson with Sarah Klassett
- Must ride in a secondary lesson in the week prior to a horse show
- Must attend weekly team workout and highly recommended to attend secondary team workout
- Must attend all team meetings (Wednesdays at 7pm)
- The rider must be a full time student in good academic standing. This is also an IHSA rule.

## **Lesson Requirements:**

- Must arrive at Foothills Equestrian Center 30 minutes prior to the start of the lesson.
- Must wear a fitted shirt tucked into clean breeches with a belt.
- Wear hair in a hairnet which is tucked under a well fitted helmet.
- Must wear tall boots.
- Must groom and prepare horse appropriately for the lesson.

- Cool out horse after lesson (groom/hose/sponge)
- Feed horse if necessary before or after lesson as instructed by barn staff
- If a barn crop or spurs are used, return them to the appropriate place
- Neatly put away brush boxes
- Sweep out standing stall and all other areas.
- Turnout horse in appropriate pasture or stall.
- You will wipe down your bridle and saddle
- Bridles must be hung up neatly on the appropriate hook
- Saddles must be placed on the appropriate rack with the saddle pad folded on top of the saddle with the girth
- You must be respectful of Sarah and other barn staff
- You must be respectful of the horses and facility

### **Cancellation Policies:**

- If you must cancel a practice or are unable to attend, you must notify your coach and captain at least 24 hours in advance unless an emergency occurs or you are involved a critical situation.
- Your coach will have discretion if you will be allowed to make up this lesson.
- Incases of bad weather, riders are expected to be in constant contact with your coach. Weather can vary between Boone and Taylorsville. If riders or coach decide it is unsafe to make the commute to the lesson, the lesson will be rescheduled.
- If you must scratch from a show, you must notify your coach and captain at least 24 hours in advance.
- Incase of a scratch, you must pay the team your class fees which may range from \$15-\$45.

### **Show Requirements:**

- Riders must meet all previous requirements in order to be eligible to be entered in a show.
- Riders will leave promptly at assigned time
- All riders will bring clean show clothes and polished tall boots in neat bags.
- All riders will wear jeans and Appalachian State apparel to the show in the morning (preferably equestrian team apparel)
- Riders in the Open and Intermediate divisions will have the option to wear their breeches instead of jeans in the morning.
- All riders will change in the bathroom or other appropriate places. No one will be allowed to change in the bleachers or in view of other teams.

- After a rider has competed, they will change back into jeans and other Appalachian State apparel unless otherwise instructed by the captain.
- Riders will not swear or talk badly at shows
- Riders will all watch and cheer on teammates and maintain a positive attitude throughout the show.
- We ask all riders to be respectful and helpful to all other teams.

#### **Show Apparel:**

- Helmets must be black ASTM/SEI certified
- Color appropriate hairnets must be worn
- Hair must be tucked under your helmet
- Show jackets must be black or navy and approved by your coach and captain
- Breeches must be tan. Recommended brands are Tailored Sportsman®, Tredstep®, Ariat® and Devon-Aire®
- Breeches must be worn with a conservative belt
- Tall boots must be black, clean and polished (Must be polished before arriving at the show)
- Gloves must be black, synthetic leather or leather
- Show shirt must be a white, and long sleeved
- Spurs and crops will be provided at the show

#### **Probation & Show Eligibility:**

- If a competing rider is put on probation they lose their show privileges for the next show.
- A rider may be put on probation if they do not pay their driver in adequate time.
- A rider may be put on probation if they miss 3 unexcused meetings
- A rider may not be eligible for a show if they miss the meeting before a show
- A rider may not be eligible for a show if they have missed a lesson in the 2 weeks prior to a show and have not made it up before the show.
- A rider may not be eligible for a show if they have not followed the membership and competitive member requirements.
- A rider may not be eligible for a show if they have failed to comply with team rules
- A rider may not be eligible for a show if they have not completed their volunteer hours

# **Intercollegiate Horse Show Association**

“The association was founded on the principle that any college student should be able to participate in horse shows regardless of his or her financial status or riding level. Emphasis is on learning, sportsmanship, and fun. Competition plays a role but the students’ enthusiasm and team spirit are the major factors. The objective of IHSA competition is to offer the opportunity to riders in their first years of riding as well as to students with show experience. Eliminating the expense of shipping or even owning horses puts IHSA competitions within reach of many who would otherwise miss the equestrian experience.”

- Our national governing body is the Intercollegiate Horse Show Association (IHSA)
- As of May 2016 there are 418 teams with 9,299 riders total. 7,424 of these riders compete in hunt seat.
- IHSA is run by universities holding shows where visiting teams compete on the host team horses. The riders do not get a warm up.
- A horse description is provided for each horse
- We will have the opportunity to compete in a minimum of 5 shows and a maximum of 10 shows depending on how many the region decides to hold
- The levels are from highest to lowest: Open Flat and Fences, Intermediate Flat and Fences, Novice Flat and Fences, Advanced Walk/Trot/Canter, Beginner Walk/Trot/Canter, and Walk/Trot
- There is a level for everyone no matter what your level is.
- Qualified riders have the opportunity to ride in Regional Finals, Zone Finals, and National Finals
- Crops and spurs may only be used in a show when specified by the host school.
- Crops may only be used behind the leg.
- The use of a crop and a spur is only permitted once the rider has entered the ring.

## **Our team competes in Zone 4, Region 5**

### **We compete against:**

- Averett University
- Emory & Henry University
- High Point University
- Lenior-Rhyne University
- Radford University
- Salem College
- University of North Carolina – Asheville
- University of North Carolina – Greensboro
- Virginia Tech
- Wake Forest University
- Western Carolina University

### **Placing and Points in IHSA**

- Ribbons and points are awarded from first to sixth place
- First place is worth 7 points, Second place – 5 points, Third place – 4 points, Fourth place – 3 points, Fifth place – 2 points, Sixth place – 1 point
- Riders showing in Beginner W/T/C must move to Advanced W/T/C once they have acquired 18 points. These points are carried over to the advanced section and the rider will continue to accumulate points. Once the rider has accumulated 36 points they are qualified for regionals.
- Riders in all other divisions besides Open will qualify for regionals once the rider has accumulated 36 points in their respective division.
- Once the rider has accumulated 36 points, the rider will compete in the next division up.
- Riders points will carry over from semester to semester and year to year except for open
- Riders in the Open division will start each year with zero points and must acquire 28 to qualify for Regionals
- If a rider takes first place or second place in Regional Finals, they will move on to Zone Finals. If the rider places first or second in Zone Finals the rider will move on to National Finals.
- Champion and Reserve High Point Riders shall be determined by totaling the points earned at each show. Respectively the riders with the most points will receive these awards. Only valid for riders competing in flat and fences classes.



## **Hunt Seat Tests in IHSA**

A Hunter Seat judge may choose from the following tests. Tests may be performed collectively or individually. No other tests may be used except at Zone and National Shows where additional appropriate tests may be asked. Instructions must be publicly announced.

1. Ask an appropriate verbal question.
2. Halt.
3. Sitting Trot.
4. Two-point position at the walk and/or trot.
5. Figure eight at trot, demonstrating change of diagonals.
6. Figure eight at canter on correct lead, demonstrating simple change of lead.
7. Ride without stirrups. Riders must be given the option to cross their irons.
8. Change leads down center of ring, demonstrating simple change of lead.
9. Change horses.
10. Canter on the counter lead. No more than eight horses may counter canter at one time.
11. Half-turn on forehand and/or half turn on haunches.
12. Jump a shortened course.
13. Trot a jump not to exceed 2' 6".

**These test will most commonly be asked at Regionals, Zones, and Nationals however riders are expected to be prepared to preform any of the above which is appropriate to their level.**

## **Division Qualifications**

- Walk-Trot riders are those who have had no more than 24 weeks of mounted instruction and who have not competed in a mounted competition which required them to canter. Walk-Trot riders have two years of eligibility starting with their initial completion of the online IHSA membership form.
- Walk-Trot-Canter riders eligible for the beginner section are those who have had more than 24 weeks of mounted instruction and who have not competed in a mounted competition that required them to jump more than eighteen inches.
- Walk Trot Canter riders eligible for the advanced section are those who have not competed in any over fences class higher than three foot (3') in any competition, nor have competed in any recognized competition.
- Novice riders on the flat are those who have won no more than five Hunter Seat equitation classes on the flat in recognized competitions. Novice riders over fences have won no more than six classes in any over fences class three feet (3') or higher in recognized competitions. To be eligible for Novice Equitation over Fences, riders must have had at least six months continuous professional instruction over fences within the past year.
- Intermediate riders on the flat are those who have won six to ten Hunter Seat equitation classes on the flat in recognized competitions. Intermediate riders over fences have won no more than six classes in any over fences class three feet, six inches (3'6") or higher in recognized competitions.
- Open riders on the flat are those who have won more than ten Hunter Seat equitation classes on the flat in recognized competitions, or have placed in the Top Ten in the Maclay Finals or USEF Talent Search Finals. Open riders over fences are those who have won more than six classes in any over fences class three feet, six inches (3'6") or higher in recognized competitions or have placed in the Top Ten in the Maclay Finals or USEF Talent Search Finals.

**Based on a rider's credentials they may be initially assigned to the appropriate jumping division that is lower than their flat division or to a flat division that is one level lower than their jumping division. Novice Hunter Seat Equitation over Fences riders may not show below Novice Hunter Seat Equitation on the Flat.**

## **Additional Team Activities**

**As a team we strive to be friends inside and outside of the show ring. Although we focus much of our time and energy on showing and succeeding, we build lasting friendships. Team members hangout in a variety of settings which may relate to the team directly or not.**

- **Big & Little Program**
  - Each new rider will be partnered with a returning rider their first year on the team.
  - The returning rider will act as a mentor and aid the new rider in their growth as a member on the team
  - Even if a rider has previously participated on another team of the Appalachian Equestrian Team, they will still be considered a new rider during their first year on the Hunt Seat team. This is due to the different nature of each team.
  - This relationship will develop inside and outside of our equestrian bubble
  - On show days a new rider will receive a psych-up present from their Big. This present may be anything the Big chooses to boost excitement about the show day ahead.
  - On show days the returning rider will also receive a psych-up present from their Little. This present can be anything the Little chooses to boost excitement about the show day ahead.
- **Studying Together**
  - Many members choose to study together.
  - This helps encourage success in our academics and provides for perfect study breaks to look at cute pony videos
  - Feel free to text any member about studying or if you're just looking for a table in the library.
  - The Equestrian Team wants to ensure every rider is succeeding in the classroom and in the show ring!
- **Friday Night Boot Polishing**
  - Boots are expected to be polished prior to arriving at each show
  - The team will polish boots together at a designated place the night before a show.
  - This ensures all boots are polished and the whole team is ready and excited for the show the next day!

- **Horse of the Semester**

- After each semester the team will vote on a horse of the month.
- This horse should have served as a significant factor to the team. Whether this was in lessons, on the ground, or at a show.
- Each member may make a nomination of a horse which impacted their riding that month. The rider must give an explanation as to why the nomination was given.
- Each member will have a chance to vote on the horse of the month.
- The horses picture will appear on the team Instagram, Facebook, and Twitter
- The team may decide whether they will give the horse anything whether it be carrots or a new halter or anything else.

# Your Points

This page gives you the opportunity to keep track of your points over the year. Your coach and captain will always have record of your points but this gives you your own record.

You can record each show and each class in the table below. You can add up your total points for your class after each show to keep track of your progress towards qualifying.

Good Luck!

Show									
Flat Placing									
Flat Total									
Fences Placing									
Fences Total									